info & services for thru-hikers

HOUSE RULES: NO PACKS IN COMMON AREAS OR ENTRYWAYS SHOES & SHIRT REQUIRED INSIDE AT ALL TIMES BEDS AND SHOWERS FOR REGISTERED GUESTS ONLY NO COOKING IN ROOMS NO DOGS

WIFI NETWORK: ILT-Guest PASSWORD: longtrail

GUEST BOOK: Please sign our guest book. Past years guest books are located at the front desk to see what you wrote last time!

HIKER GRAB-BOX: Located in the sunroom. Take what you need, leave what you don't. <u>Please, no empty fuel cans</u> (Base Camp Outfitters, NOBO at the bottom of the hill, accepts them for a fee).

PACKAGES & MAIL: See front desk to pick-up packages. ID required. Incoming letters in the bin to right of front door; outgoing letters (with postage) in the covered bridge on front desk. We have stamps to purchase, and packages shipped for a fee.

LAUNDRY: Coin-op on-site. \$5 quarters, with soap and dryer sheet. Change available at front desk, along with loaner clothes. Do not put heavy or heavily dirty items (shoes, backpacks) in washer or dryer.

CLEANING HEAVY/DIRTY ITEMS: No washing of heavily dirty items like shoes or boots in room sink or tub/shower – bad for plumbing! Please use outdoor washtub – located on east side of the inn, behind trash/recycling dumpsters.

WATER: Drinking water and washtub located on the east side of the building, behind the dumpsters.

TRASH & RECYCLING: Dumpsters at the east side of the building. Recycling in the front, trash in the back. Please flatten boxes.

CAMPING: Allowed in grassy area across the street, up to 3 nights. No campfires, no facilities, no water. The Inn's public restroom & outside tub are not for washing up!

SHOWERS: Showers are for paying guests only (do not invite hikers to use your bathroom). Other options are Gifford Woods State Park and Pico Fitness Center.

OVERNIGHT PARKING: The parking lot across the street (no max # of days); does not get monitored by the Inn. If gone for a while, leave description at front desk so we know it's not abandoned. Or at AT/LT trailhead parking one mile down route 4 toward Rutland on left after Pico.

TRANSPORTATION - "The Bus": Free Rutland--Killington service – see info board to the right of front door. Be at the stop 5 mins early, if headed towards Rutland stand at 50 mph sign (don't sit on wall).

RESUPPLY - Rutland - see "The Bus" for transportation

Bus stop: Home Depot or Rutland High School (drop-off, not on schedule)

Sensible Shoes – shoes and socks

Bus stop: Nichols Street

- Walgreens
- CVS

Bus stop: RMMTC (aka the terminal)

- Wal-Mart dry meals, fuel bring grocery bag or will make you buy your own
- Price Chopper
- Post Office
- Dollar Store

Bus stop: Staples Plaza

• Dick's Sporting Goods – check bus hours, that stop does not run as regularly

RESUPPLY - Killington - see "The Bus" for transportation

Bus stop: Deli @ Killington Corners

- Killington Deli and Marketplace: sandwiches, drinks, beer, snacks, and some groceries.
- 802 Spirits: booze
- Post Office

Bus stop: Killington Park and Ride

 Base Camp Outfitters: Outdoor store with equipment and fuel, and accepts empty canisters