

Inn at Long Trail - Breakfast Menu

Top of the morning to you! Houseguests, please choose one item from each section. Served from 7:30 to 10am, Friday to Tuesday.

1. Juices

Orange, Cranberry, Apple or V8 1.75

2. House Favorite Mains

French Toast 8 Inn-baked French bread, served with warm VT maple syrup.

Buttermilk Pancakes 7 Light & fluffy, served with warm VT maple syrup.

Two Eggs 7 Any style, served with home fries & toast.

Egg Sandwich 8 On English muffin with VT cheddar, served with home fries.

Lumberjack 11 Two eggs any style, and two pancakes or French toast.

Mishmash Platter 10 Eggs, homefries, sausage, onion, peppers, and cheddar scrambled together served with choice of toast.

Avocado Toast 10 Avocado spread topped with two sunny side up eggs, choice of toast.

Bagel with cream cheese 4

Hot Oatmeal 7 A hot treat, served with toast + side VT maple syrup, milk & raisins.

Homemade Granola 7 With Greek yogurt, craisins & candied almonds, served with toast.

Cold Cereal 6 Assortment, served with toast.

Eggs Benedict (Friday, Saturday & Sunday only) 12 Two poached eggs and ham on toasted English muffin, topped with hollandaise sauce.

Chef's Omelettes

Made with three eggs, served with home fries and toast.

Western 10 Onions, peppers, and ham

Farmer's Omelette 10 Sausage, onions, peppers, tomatoes, and cheddar

Meat Lovers 10 Ham, sausage, and bacon

Heart Healthy 10 3 egg whites, turkey, and spinach

House Made Hash 10 With Swiss cheese

Weekend Special 10 Ask your server

3. Meats

Bacon, Sausage or Ham 3

4. Beverages

Coffee, Tea, Milk, Chocolate Milk or Hot Chocolate 2

Sides & Extras

Add: Hash \$5, Home fries \$4, Cheese \$1

Substitute toast for: Bagel \$2, Irish soda bread \$2, Gluten free \$1

Loaf of inn-made Irish soda bread \$12



